



Presenting with Confidence: Personal, Poised, Professional

Description

There is more to presenting than just delivering information or displaying visuals. A truly effective presentation is personal, tailored, motivating, and engaging. In this e-training course, participants will discover techniques for making their communication more direct, expressive, and compelling, both verbally and non-verbally. Additionally, we'll focus on practical strategies to develop a balanced, communicative mindset and manage presentation anxiety right from the start.

Target Audience

Employees with and without management positions who want to enhance their presentations with greater presence and persuasiveness.

Learning Objectives

- Presenting in a personalized, motivating, and compelling manner
- Identifying and explaining the fundamentals of verbal, non-verbal, and paraverbal communication
- Interpreting and effectively using personal body language
- Differentiating and evaluating mindsets through transactional analysis
- Applying techniques for managing challenging situations
- Implementing methods for reducing presentation anxiety